Welcome to Today's Webinar!



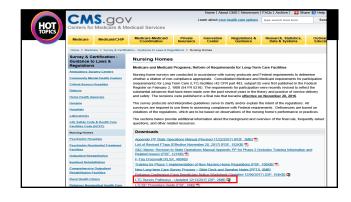
Engaging in Person-Centered Care – The Path to Regulatory Compliance:

Introduction to Critical Element Pathways (CEP): Using the Physical Restraint CEP to Support Reduction of Alarms



Cheryl Kruschka, Associate Professor at Regis University Etaines Sociate Medicate & Medicate Sociation Etaines Sociation, Health Housanes Socialitat.



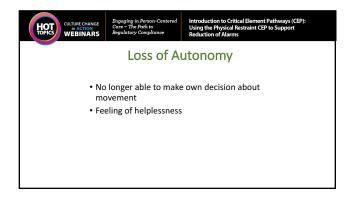




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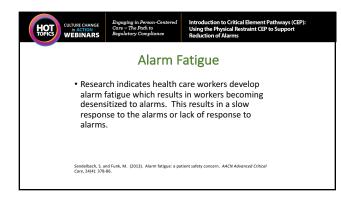
- A fall prevention strategy
- A wandering prevention strategy
- Part of the standard set of interventions we have used over the years
- Families ask for the... "it's what the hospital used"
- Alarms work. We have reduced falls by
- We know someone is moving, falling, walking unassisted
- because the alarm soundsMay not stop the fall but will tell us someone "is on the
- move"

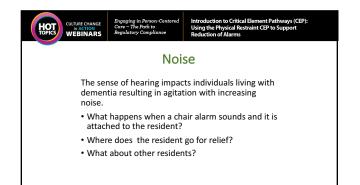




CULTURE CHANGE IN ACTION WEBINARS	Engaging in Person-Centered Care – The Path to Regulatory Compliance	Introduction to Critical Element Pathways (CEP): Using the Physical Restraint CEP to Support Reduction of Alarms
What are the real effects		
of Alarms?		
Decreases / hinders resident movement		
 Negatively impacts resident dignity and choice 		
 Increases a others 	gitation for resident we	aring the alarm and
 Provides a 	false sense of security t	o staff and family
 Mal-function 	oning alarms are a liabil	ity for the provider
 "Once [the facility] opted to utilize an alarm to protect the resident it assumed the responsibility of making sure that 		

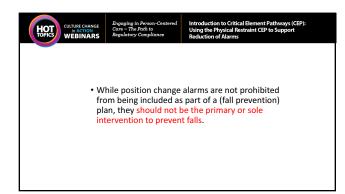
resident, it assumed the responsibility of making sure that the alarm worked properly." • Birmingham Nursing & Rehabilitation Center – East v. CMS





Critical Element Pathways (CEP): cal Restraint CEP to Support Engaging in Person Care – The Path to Regulatory Compli What the Guidance Says • Guidance 483.10(i) • Some practices that can be eliminated to decrease the institutional character of the environment include, but are not limited to, the following: Or limited to, the roliowing: The widespread and long-term use of audible chair and bed alarms, instead of their limited us for selected residents for diagnostic purposes or according to their care planned needs. These devices can startle the resident and constrain the resident from normal repositioning movements, which can be problematic.

- Devices such as position change alarms may help to monitor a resident's movement temporarily, but do not eliminate the need for adequate supervision.



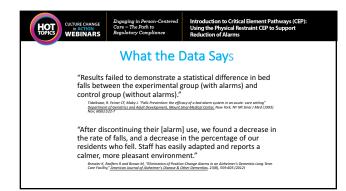
Engaging in Perso Care – The Path to Regulatory Compl HOT CULTURE CHANGE in ACTION WEBINARS

roduction to Critical Element Pathways (CEP): ing the Physical Restraint CEP to Support duction of Alarms

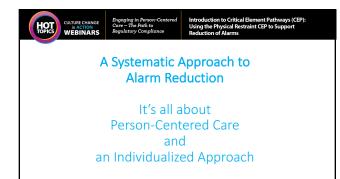
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For example, a facility implements a position change alarm for a newly admitted resident with a history of falls. After completing a comprehensive assessment of the resident, facility staff identify the resident's routines and patterns, remove the alarm, implementing more individualized interventions that address the actual cause of why a resident may be changing position (e.g. has been in one position too long or is trying to reach for a personal item) which could lead to a fall.



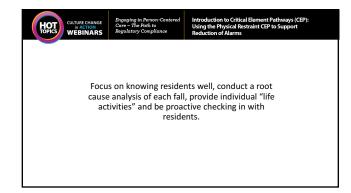










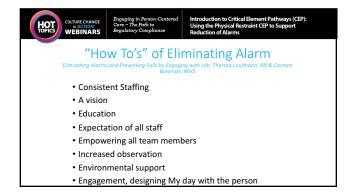






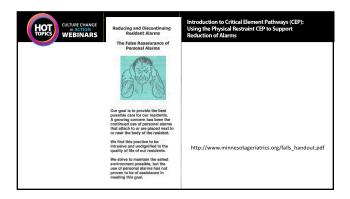






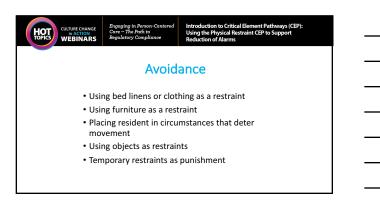




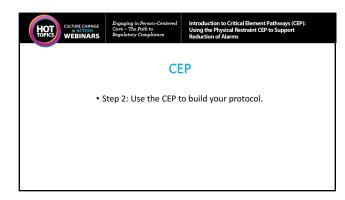








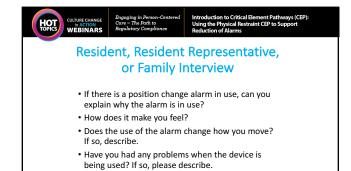






- Provide the least restrictive restraint for the least time possible;
- Provide ongoing monitoring and evaluation for the continued use of a physical restraint to treat a medical symptom; and
- Develop and implement interventions for reducing or eventually discontinuing the use of the restraint when no longer required to treat a resident's medical symptoms?

CULTURE CHARGE WEBINARS Program (In Person-Contered Care - The Pack to Regulatory Compliance) Introduction to Critical Element Pathways (CEP): Using the Physical Bestraint CEP to Support Reduction of Alarms Monitoring Alarm Use Following the CEP • Is a position change alarm in use? If so, why? What is the impact to the resident? For example, is the resident hesitant of afraid to move to avoid setting off the alarm?













Our Next Webinar in the Hot Topics Series

THURSDAY, FEBRUARY 15, 2018 Engaging in Person Centered Care: The Path to Regulatory Compliance

Eliminating Suffering for Residents with End Stage Dementia (Focus on Death and Hospice/End of Life CEP)

Guide: Maureen Nash, MD, MS







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