



**Manage Training for The New Alzheimers  
Associations Dementia Care Recommendations:  
*Supporting Emotional Well-Being for Individuals Living  
with Dementia***

## **Facilitator Guide**

**Overall Goal of Webinar Toolkits:** To support the ability of communities to share Pioneer Network training materials with team members in a way that is efficient, meaningful and cost effective.

### **Session Description:**

Session Guide, Danelle Hubbard, BSW, MA, Director of Family Services, Alzheimer's Association, Colorado Chapter, provides a brief overview of the New Dementia Care Practice Recommendations related to the emotional well-being of individuals living with dementia. Participants will learn about behavioral and communication challenges along with person centered care strategies that offer healthier emotional support.

### **Objectives:**

1. A brief overview of the New Dementia Care Practice Recommendations related to the emotional well-being of individuals living with dementia
2. Discuss behavioral and communication challenges when caring for persons living with dementia
3. Identify strategies to improve communication, connection, and emotional support of persons living with Alzheimer's disease or other dementias
4. Make a between the best practices shared and the Behavioral - Emotion CEP

### **Notes to the Facilitator**

The webinar can be shown in its entirety, or the Facilitator's Guide offers suggestions for breaking the webinar into smaller topics. In addition, discussion questions are provided that support active engagement by participants and personalization to your community.

Each section of the Facilitator's Guide contains the slides that are covered as well as the timeframe on the webinar recording that contains the audio/visual portion of each section. (Please note that the number of minutes may vary slightly.)

### **Recommended Logistics:**

1. Room set up in tables of 6-8 individuals to support group exercises
2. Computer and projector
3. Speakers
4. Copies of handouts
5. Optional: Flip charts for recording group responses

### **Materials Needed:**

- Webinar Recording

The webinar recording was sent to each registered attendee following the webinar as a MP4 file



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You can also access the recording using this link

<https://attendee.gototraining.com/22km0/recording/1715790484352868866>

- Note: You will be asked to register in order to access the recording. You must use the name and password that you used when you registered for the webinar. Doing this will zero out the cost and provide access.

- Available Handouts, based on the content being covered:
  - Dementia Care Practice Recommendations - Slides
  - Dementia Care Practice Recommendations - Handouts
  - CMS Critical Element Pathway Behavioral-Emotional
  - Making the Connection to the Critical Element Pathway
  - Certificate of Attendance
  - The Dementia Care Practice Recommendations are available on the following website: <https://alz.org/dementia-care-practice-recommendations/>

### Options for how to use this webinar in training:

1. Show the **entire webinar** with selected discussion questions based on the needs of your team.
  - a. It is recommended that discussion questions be added to the presentation to create an interactive learning experience. Based on the time allocated for the training, the facilitator should identify which questions are most appropriate for the group and may have to set limits on the time allowed or select only some of them for discussion.
2. **Design your own training** by selecting specific topic from the webinar and showing this portion or portions of the video to meet the learning needs of your team and timeframes available for training.

### Breakdown of the webinar recording by slides, recording times and topics.

#### Suggestions for discussion questions to use to support group participation.

*Please note that times on the recording are approximate.*

Slides 1,2 (0:00 - 2:56)	Opening comments and logistics related to the live webinar / Introduction of Guide, Danelle Hubbard
Slide 3,4 (2:56 - 2:55)	Learning Objectives by Danelle Hubbard
Slides 5-7 (2:55 - 6:45)	Overview of the New Dementia Care Practice Recommendations
Slides 8 (6:45 - 9:35)	Person-Centered Focus Recommendations (summary)
Slide 9-10 (9:35-11:16)	Person-Centered Focus Recommendations (recommendations in action)



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**Discussion Question 1:** How are the person-centered focus recommendations put into practice in our community?  
*or*  
Looking at the care practices in our community, are there opportunities to further implement these recommendations?

Slide 11-16 (11:17 - 15:52) Behavioral and Communication Challenges for Persons Living with Dementia

**Discussion Question 2:** Can you think of a specific resident and the communication challenges they are living with? Share how we work with the individual to understand their needs.

Slide 17-20 (15:52 - 18:23) Behavior as Communication - What Am I vs Who Am I

**Discussion Question 3:** Pause the recording at 17:34, after the What AM I question, and share what participants answers to what they think the roles of the two individuals described are.

Slide 21 (18:24 - 20:44) Common Dementia Related Behaviors - the Story of Mr. J

**Discussion Question 4:** Can you share a story of someone you know who is living with dementia and what you have learned about what they are communicating through their actions?

Slides 22 (20:45 - 21:38) Environments and Triggers

**Discussion Question 5:** Can you think of any possible triggers in our environment?

Slide 23-28 (21:39 - 33:46) Strategies to Improve Communication, Connection and Emotional Support

Slide 29, 33 (33:47 - 37:58) Responding to Behaviors

**Discussion Question 6:** As we look at the language we use, we have come to understand that what we have commonly referred to as "behaviors" are in fact, a way to communicate unmet needs. How might our interactions with someone living with dementia change if we see their actions not as



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behaviors, something with a negative connotation, but as unmet needs?

***Discussion Question 7:***

Can you think of a resident who we might can apply the these techniques for responding to resident behaviors / unmet needs?

Slide 34 (37:59 - 50:26)      Thanks, Resources

Slide 34 (37:59 - 55:15)      Story sharing and Q&A

**Discussion Question 8:**

Open this up to general discussion.

or

How can we do a better job “responding” vs “reacting”

or

Can you share a lesson you learned from someone living with dementia?

or

What does it mean to be “fully present” when you are working with an individual living with dementia, and how can we better support this in our community?

Slide 35-37 (37:59 - 58:00)      Closing Comments