

Glenridge Living Community
MaineGeneral Rehab and Nursing Care
Resident's Life Story & Plan of Care Guide

Name: Ellen H.

Date: 3/28/11

Address me as: "Toni"

DOB: 10/19/1925

About Me: My name is Ellen but I prefer to be called "Toni." I was born in Morcombe, UK, during the air raids of World War I. I trained as a librarian and at one point I worked for the Library of Congress.

I was married to my husband Don, for 53 years. Don was a diplomat and we traveled all over the world living in many places including India, Pakistan, Bangladesh and British Guiana. We had one son, Rob. I was very involved in church activities and was an Acolyte at St. John's Episcopal Church. I was a substance abuse counselor in Bangor.

When my husband retired we summered at a camp on Green Lake in Ellsworth. In the winter we went to South Carolina and went on world cruises. We were on a cruise when my husband passed away. This was in 2006. I then went to live with my son and his wife. I had started losing my memory while my husband was still alive. I would go to Adult Day Care at the Alzheimer's Care Center 2 times a week and then later moved in to the assisted living community.

Likes and needs: I have been anxious lately, asking frequently if I am alright. I have a hard time sitting still and I need to be reassured often that I am not doing anything wrong. I have always liked being busy and involved; I feel better if I'm around other people, so help me get to activities.

Cheryl Small, LSW