

Maslow's Hierarchy of Needs Worksheet

Hierarchy of Needs	Action described in the webinar	What we do in our homes
Physiological needs <i>"Basic human needs~ food, water, and comfort."</i>		
Safety needs <i>"The desire for security, stability, and safety."</i>		
Social needs <i>"The desire for affiliation including friendship and belonging."</i>		
Esteem needs <i>"The desires for self-respect, and respect and recognition from others."</i>		
Self-actualization needs <i>"The desire for self-fulfillment"</i>		