1.	Please tell u	is about your center:					
	Center name	:					
	Address:						
	City:			_State:	Zip code:		
	Main telepho	one number: () _					
•							
2.	-	r contact information?					
	First name: Last name:						
	Email addres	SS:					
	Title:						
CUSTOMARY ROUTINES AT YOUR CENTER							
3.	What percer	ntage of residents usually <u>g</u>	<u>o to sleep at night</u> at th	ne time of th	eir choosing?		
		0% 1-25%					
		26-50%					
		51-75%					
		76-100%					
4.	What percer	ntage of residents usually <u>g</u> 0%	<u>et up in the morning</u> at	t the time of	their choosing?		
		1-25%					
		26-50%					
		51-75% 76-100%					
5.	What percer	ntage of residents usually re	eceive their bath or sho	ower at the t	time of their choosing?		
•.		0%	<u></u>		<u></u>		
		1-25%					
		26-50% 51-75%					
		76-100%					

- 6. What percentage of residents usually receive their chosen method of bathing (for example, a shower or a bath)?
 - 0% 1-25%
 - П 26-50%
 - П 51-75% Π
 - 76-100%
- 7. What percentage of residents usually receive their meals at the time of their choosing?
 - 0% П 1-25% 26-50%
 - 51-75%
 - 76-100%
- 8. What percentage of residents usually receive food of their choosing at meals?
 - 0% \Box 1-25% 26-50% П 51-75% 76-100%
- 9. How guickly after a new resident's admission are his/her customary routines for sleeping, waking, bathing, and eating provided to the certified nursing assistant (CNA) assigned to care for the resident?
 - <4 hours ≥4 hours, but the same day of the resident's arrival Next day
 - 2-3 days
 - >3 days

П

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- This information is not provided to the CNA
- 10. How quickly after a new resident's admission are his/her customary routines for sleeping, waking, bathing, and eating provided to the nurse assigned to care for the resident?
 - <4 hours
 - \geq 4 hours, but the same day as the resident's arrival
 - Next day
 - 2-3 days
 - >3 days
 - This information is not provided to the nurse

11. How quickly after a new resident's admission is his/her social <u>history</u> provided to the <u>CNA</u> assigned to care for the resident?

<4 hours

П

П

 \Box

П

- ≥4 hours, but the same day as the resident's arrival
- Next day
- 2-3 days
 - >3 days
 - This information is not provided to the CNA

12. How quickly after a new resident's admission is his/her social <u>history</u> provided to the <u>nurse</u> assigned to care for the resident?

- <4 hours
- ≥4 hours, but the same day as the resident's arrival
 - Next day
 - 2-3 days
 - >3 days
 - This information is not provided to the nurse
- 13. To reduce a resident's <u>resistance to care</u> or <u>behavioral</u> or <u>verbal symptoms of distress</u>, how often do staff adjust the <u>schedule</u> of care to be in accordance with the residents' customary routines?
 - Never
 Rarely
 Sometimes
 Most of the time
 - Always
- 14. To reduce a resident's <u>resistance to care</u> or <u>behavioral</u> or <u>verbal symptoms of distress</u>, how often do staff adjust the <u>approach</u> to care?
 - Never
 Rarely
 Sometimes
 Most of the time
 Always
- 15. Please use this space to provide any comments about your center's communication about and accommodation of residents' customary routines:

SYSTEMS FOR COMMUNICATION AND TEAMWORK

16. What percentage of <u>CNAs</u> have consistent assignments?

By "consistent assignment" for CNAs, we mean that CNAs are assigned the same residents to care for every time they work.

0%

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- 1-25%
- 26-50%
 - 51-75%
 - 76-100%

17. How often are consistently-assigned <u>CNAs</u> pulled to another assignment?

- Never
- Occasionally
- At least once a month
- More frequently than once per month, but less than once per week
 - Once per week or more

18. What percentage of nurses have consistent assignments?

By "consistent assignment" for nurses, we mean that nurses are assigned the same residents to care for every time they work.

0%
1-25%
26-50%
51-75%
76-100%

19. How often are consistently-assigned nurses pulled to another assignment?

П

П

Occasionally At least once a month

- At least once a month
- More frequently than once per month, but less than once per week
- More frequently than once per week

20. How often do CNAs participate in care plan meetings?

- Never
- Rarely
- Sometimes

Never

- Most of the time
 - Always

21. How often do CNAs and nurses participate together in a <u>daily huddle</u> on their unit during their shifts?

By "huddle," we mean quick group meetings, often standing, to share and discuss important information and problem-solve together. By "daily," we mean once per shift.

Never

П

П

П

- Occasionally
 - At least a few times per week, on some shifts and some units ► Please explain below:
- Every day on some shifts and some units Please explain below:
- Every day on every shift and every unit

22. How often does management huddle together with staff?

By "huddle", we mean quick group meetings, often standing, to share and discuss important information and problem-solve together. By "management", we mean the Administrator and/or Director of Nursing. By "staff", we mean CNAs and nurses providing direct care.

- Never
 - Once a week or less often
 - More frequently than once a week, but less than daily week ► On average, how many days per week? _____
- Daily / 7 days per week
- 23. How often does your team working on behavior management/antipsychotic reduction have a huddle to discuss resident issues with the CNAs and nurses who are caring for them? By "huddle," we mean quick group meetings, often standing, to share and discuss important information

By "huddle," we mean quick group meetings, often standing, to share and discuss important information and problem solve together.

 Never

 Annually

 Quarterly

 Monthly

 Every couple of weeks

 Once a week

 More frequently than once a week ► On average, how many days per week? _____

24. How often does the management team review CASPER data on antipsychotic use?

By "management team," we mean the Administrator and/or Director of Nursing.

Never

- Annually
- Quarterly
 - Monthly
- Every couple of weeks
- Once a week
- More frequently than once a week ► On average, how many days per week? ____

- 25. How often does the Director of Nursing communicate progress with antipsychotic reduction (from the CASPER data) with the CNAs who work with the residents targeted for reduction?
 - Never

Π

- Annually
- Quarterly
- Monthly
- Every couple of weeks
- Once a week
 - More frequently than once a week ► On average, how many days per week?
- 26. How often does the Director of Nursing communicate progress with antipsychotic reduction (from the CASPER data) with the nurses who work with the residents targeted for reduction?
 - Never

 Annually

 Quarterly

 Monthly

 Every couple of weeks

 Once a week

 More frequently than once a week ► On average, how many days per week?
- 27. Please use this space to provide any comments about your systems for communication and teamwork:

28. How many residents does your center <u>currently</u> have?

- a. Short-stay residents:
- b. Long-stay residents: _____

To complete the remainder of the questionnaire, you will need to generate reports from your MDS using your most recent data, and you will also need to access your <u>Nursing Home Compare quality measures</u> and <u>payroll</u> <u>records</u>.

DATA FROM MDS REPORT

This first set of questions refer to your <u>most recent updated MDS report</u>. (MDS data are updated every Monday.)

29. How many residents received any <u>antipsychotic medication in the last 7 days</u> (MDS Item N0410-A)?

Please exclude residents with diagnoses of schizophrenia and count only residents with responses greater than 0.

- a. Short-stay residents:
- b. Long-stay residents: _____
- **30.** How many residents received the following medications in the last 7 days (MDS Item N0410)? Please count only residents with responses greater than 0.
 - a. Anti-anxiety medication in the last 7 days (MDS Item N0410-B):
 - b. Hypnotic medication in the last 7 days (MDS Item N0410-D):
- 31. How many residents exhibited <u>physical behavioral symptoms directed toward others</u> (MDS Item E0200-A) with the following frequencies?
 - a. Behavior not exhibited:
 - b. Behavior of this type occurred 1 to 3 days:
 - c. Behavior of this type occurred 4 to 6 days, but less than daily:
 - d. Behavior of this type occurred daily:
- 32. How many residents exhibited <u>verbal behavioral symptoms directed toward others</u> (MDS Item E0200-B) with the following frequencies?
 - a. Behavior not exhibited:
 - b. Behavior of this type occurred 1 to 3 days:
 - c. Behavior of this type occurred 4 to 6 days, but less than daily:
 - d. Behavior of this type occurred daily:

33. How many residents exhibited <u>other behavioral symptoms not directed toward others</u> (MDS Item E0200 C) with the following frequencies?

- a. Behavior not exhibited:
- b. Behavior of this type occurred 1 to 3 days: _
- c. Behavior of this type occurred 4 to 6 days, but less than daily:
- d. Behavior of this type occurred daily:

34. How many residents rejected evaluation or care (e.g., blood work, taking medications, ADL assistance) that was necessary to achieve the resident's goals for health and well-being (MDS Item E800) with the following frequencies?

- a. Behavior not exhibited:
- b. Behavior of this type occurred 1 to 3 days:
- c. Behavior of this type occurred 4 to 6 days, but less than daily:
- d. Behavior of this type occurred daily:

DATA FROM CMS NURSING HOME COMPARE QUALITY MEASURES

This next question refers to your current CMS Nursing Home Compare Quality Measures.

35. Looking at your current CMS Nursing Home Compare Quality Measures, what are your center's percentages for the following measures?

By "current," we mean the quality measures posted on Nursing Home Compare on the day that you are answering these guestions.

- a. <u>Short-stay residents</u> who are newly administered antipsychotic medications: _____% of resider
 b. <u>Long-stay residents</u> who received an anti-anxiety or hypnotic medication: _____% of residents % of residents
- c. Long-stay residents who got an antipsychotic medication: % of residents

PAYROLL DATA

This next set of questions refer to your payroll data.

36. To allow us to calculate your RN turnover, please provide the following for each of these months: # of RNs employed # of DN sonarations

		# OF RIVS employed	# OF RIV Separations						
			(voluntary and involuntary)						
а.	March 2018:								
b.	April 2018:								
С.	May 2018:								
	· , · · ·								
37. To allow us to calculate your licensed practical nurse (LPN) turnover, please provide the									
following	for each of these month	IS'							
reneting			# of I DN concretions						
		# of LPNs employed	# of LPN separations						
			(voluntary and involuntary)						
a.	March 2018:								
•									
	April 2018:								
С.	May 2018:								
20 To allow	na ta salaviata mana CNA		the fellowing for each of these						
38. To allow us to calculate your <u>CNA</u> turnover, please provide the following for each of these									

38 months:

of CNA separations # of CNAs employed (voluntary and involuntary) a. March 2018: b. April 2018: c. May 2018:

39. Please use this space to provide any comments about your data:

40. Did you ask anyone for input while completing this questionnaire? If so, who? Check all that apply. \Box Did not ask anyone \rightarrow Skip to #42 □ Director of Nursing Assistant Director of Nursing □ Medical Director □ MDS Coordinator □ HR Staff □ Other: 41. How did they help? 42. Do you have any final comments that you would like to share?

THIS IS THE END OF THE FORM. THANK YOU!

- 1. How quickly after a new resident's admission are his/her customary <u>routines</u> for sleeping, waking, bathing, and eating provided to the <u>certified nursing assistant (CNA)</u> assigned to care for the resident?
 - (1) <4 hours
 - \circ (2) ≥4 hours, but the same day of the resident's arrival
 - o (3) Next day
 - (4) 2-3 days
 - (5) >3 days
 - (6) This information is not provided to the CNA
- 2. How quickly after a new resident's admission are his/her customary <u>routines</u> for sleeping, waking, bathing, and eating provided to the <u>nurse</u> assigned to care for the resident?
 - (1) <4 hours
 - \circ (2) ≥4 hours, but the same day as the resident's arrival
 - o (3) Next day
 - o (4) 2-3 days
 - o (5) >3 days
 - (6) This information is not provided to the nurse

3. How quickly after a new resident's admission is his/her social history provided to the CNA assigned to care for him/her?

- (1) <4 hours
- \circ (2) ≥4 hours, but the same day as the resident's arrival
- o (3) Next day
- o (4) 2-3 days
- (5) >3 days
- (6) This information is not provided to the CNA

4. How quickly after a new resident's admission is his/her social history provided to the nurse assigned to care for him/her?

- (1) <4 hours
- \circ (2) ≥4 hours, but the same day as the resident's arrival
- (3) Next day
- (4) 2-3 days
- (5) >3 days
- (6) This information is not provided to the nurse
- 5. A. What percentage of <u>CNAs</u> are consistently assigned to work with the same residents every time they come to work? By "consistent assignment" for CNAs, we mean that CNAs are given the same residents to care for every time they work.
 - o **(1) 0%**
 - o (2) 1-25%
 - o (3) 26-50<u>%</u>
 - o (4) 51-75%
 - o **(5)** 76-100%

<u>B.</u> If there are times when consistently assigned **<u>CNAs</u>** are pulled to another assignment, how often does that occur:

- 1. Never
- 2. Occasionally
- 3. At least once per month
- 4. More frequently than once per month but less often than once per week
- 5. More frequently than once per week

6. A. What percentage of <u>nurses</u> are consistently assigned to work with the same residents every time they come to work?? *By "consistent assignment" for nurses, we mean that nurses are given the same residents to care for every time they work.*

- (1) 0%
- o (2) 1-25%
- o (3) 26-50%
- (4) 51-75%
- o (5) 76-100%

adapted from survey designed in collaboration with Brown University School of Public Health Center for Long-Term Care Quality & Innovation

<u>B.</u> If there are times when consistently assigned **<u>nurses</u>** are pulled to another assignment, how often does that occur:

- 1. Never
- 2. Occasionally
- 3. At least once per month
- 4. More frequently than once per month but less often than once per week
- 5. More frequently than once per week

7. How often do <u>CNAs</u> participate in care plan meetings?

- o (1) Never
- o (2) Rarely
- o (3) Sometimes
- (4) Most of the time
- o (5) Always

8. How often do <u>nurses</u> providing direct care participate in care plan meetings?

- o (1) Never
- o (2) Rarely
- o (3) Sometimes
- (4) Most of the time
- o (5) Always

9. How often do CNAs and nurses participate together in a <u>daily huddle</u> during their shifts?

By "huddle," we mean quick group meetings, often standing, to share and discuss important information and problem-solve together. By "daily" we mean at least once per shift.

- 1. Never
- 2. Occasionally
- 3. At least once per week
- 4. A few times per week on some shifts and some units: explain ______
- 5. Every day on some shifts and some units: explain _____
- 6. Every day on every shift and every unit

10. How often does management huddle together with staff?

By "huddle," we mean quick group meetings, often standing, to share and discuss important information and problem-solve together. By management, we mean the Administrator and/or DON. By staff, we mean CNAs and nurses providing care.

- o (1) Never
- o (2) Once a week or less often
- (3) More frequently than once a week, but less than daily: How often? On average, _____days per week.
- (4) Daily / 7 days per week

11. How often do any of your quality assurance (QA) committees huddle to discuss resident issues with the CNAs and nurses who are caring for them?

By "huddle," we mean quick group meetings to share and discuss important information and problem solve together.

- o (1) Never
- o (2) Annually
- o (3) Quarterly
- o (4) Monthly
- (5) Every couple of weeks
- (6) Once a week or more frequently: How often? On average, _____days per week.

12. How often does the management team review CASPER data?

By "management team," we mean the Administrator and/or Director of Nursing.

- o (1) Never
- o (2) Annually
- o (3) Quarterly
- o (4) Monthly
- (5) Every couple of weeks
- (6) Once a week or more frequently than once a week: How often? On average, _____days per week.

adapted from survey designed in collaboration with Brown University School of Public Health Center for Long-Term Care Quality & Innovation

- 13. How often does the DON communicate progress with quality measures with the CNAs who work with the residents targeted for improvement?
 - o (1) Never
 - o (2) Annually
 - o (3) Quarterly
 - o (4) Monthly
 - (5) Every couple of weeks
 - (6) Once a week or more frequently than once a week: How often? On average, _____days per week.

14. How often does the DON communicate progress with quality measures with the <u>nurses</u> who work with the residents targeted for improvement?

- o (1) Never
- o (2) Annually
- o (3) Quarterly
- o (4) Monthly
- (5) Every couple of weeks
- (6) Once a week or more frequently than once a week: How often? On average, _____days per week.