


Welcome
to today's webinar




CULTURE CHANGE
in **ACTION**
WEBINARS

Sharing the Vision

OCTOBER 24, 2019

Breaking Through
Dementia: Validation

Guide: Vicki de Klerk-Rubin




The
Validation
Method

Naomi Feil









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Who is Naomi Feil?




23 training centers (AVOs)

Over 430 certified
Validation teachers



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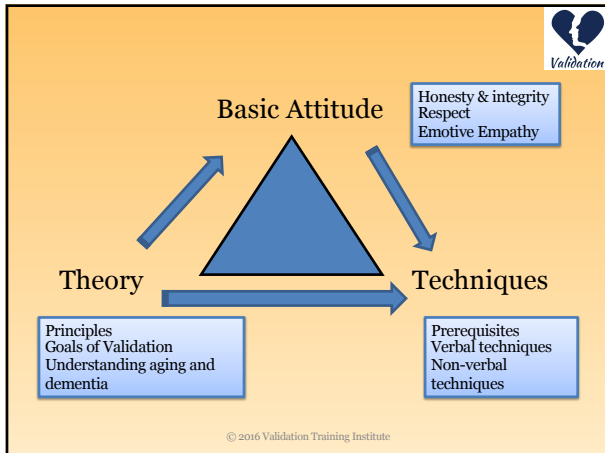
60 research papers or references
vfvalidation.org/research/

Earliest:
 Feil (1972) [Presented at the 25th Annual Meeting of the Gerontological Society](#)

Most recent:
 Nemeth (2018) [A Qualitative Study on Observed Modes of Action and Their Potential for Possible Outcomes to Measure the Effectiveness of Naomi Feil's Validation Method.](#)

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Validation Principle

2. Maloriented and disoriented old people should be accepted as they are: we should not try to change them.

IT'S IMPORTANT TO ACCEPT PEOPLE JUST THE WAY THEY ARE

HMM...


YOU SHOULD BE MORE ACCEPTING!

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Validation Principle

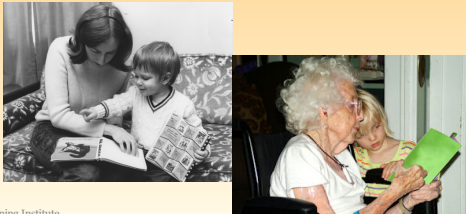
3. Listening with empathy builds trust, reduces anxiety and restores dignity.



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Validation Principle

5. There is a reason behind the behavior of very old maloriented and disoriented people




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What you can do

Enter into their world:
Observe
Calibrate
Empathy



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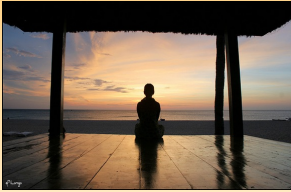



Center


Breathe

Relax

Clear your thoughts
and feelings



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Observe




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Find the appropriate distance/closeness

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Voice tone



I am so happy to be here.






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What you can do



Explore:

- Emotions
- Basic human needs
- Old traumas








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What you can do



- Accompany the person







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What Validation offers you









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Validation levels of knowledge

Level 1,
Validation worker

Level 3, Validation
Presenter/Teacher



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Presentations

Level 2, Validation
Group Practitioner

Level 4, Validation
Master

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Where to get more information

www.vfvalidation.org



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Thank you



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WEBINARS | 2019
Growing Person-Centeredness

Creating Daily Pleasures in Outdoor Spaces:
Making in Happen in All Seasons
 Guide: Maggie Calkins
 Thursday, November 21



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WEBINARS | 2019
Sharing the Vision

This Holiday Season, Give the Gift that Keeps Giving:
A Conversation with Brian LeBlanc
 Thursday, December 19



Envisioning the Future

 Pioneer Network
Pioneering a
New Culture of Aging
Conference
REQUEST FOR PROPOSALS NOW OPEN
AUGUST 9-12, 2020
PITTSBURGH, PA
WYNDHAM GRAND
PITTSBURGH CONVENTION



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