



National Certification Council for Activity Professionals

Enriching Lives Through Person-Centered Engagement

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LIFE-ENRICHING ACTIVITIES DURING ISOLATION



Founded in 1986, the National Certification Council for Activity Professionals (NCCAP) is the national credentialing body for delivery of the Social Model of Care to older adults across long-term care settings.

From aging in place at home, assisted living, adult day, skilled nursing and hospice, NCCAP certification ensures the knowledge and skills to deliver life-enriching activities. Accepted by the US Centers for Medicare and Medicaid Services (CMS), NCCAP standards of care are proven to advance the physical, cognitive and psychosocial well-being of older adults. To date, NCCAP has trained and certified over 150,000 individuals in the delivery of live-enriching activities for healthy aging.

Due to the extreme restrictions required by COVID-19, older adults are becoming socially isolated and prevented from participating in meaningful activities needed to optimize physical and cognitive health.

In response, NCCAP offers the following ideas, with more resources on [NCCAP.ORG](https://www.nccap.org).

Please share and give feedback



FOR LONG-TERM CARE COMMUNITIES WITH AN INTERNAL TV SYSTEM: HOW TO BROADCAST LIVE ACTIVITY PROGRAMMING

Utilize your laptop, zoom and current cable provider to deliver in-room activity programming:

- [How To Set Up - Step 1](#)
- [How To Schedule A Zoom Meeting - Step 2](#)
- [What The Finished Project Looks Like After Everything Is Set Up](#)
- [Insignia Digital to Coaxial Converter](#)

See our video on: [How To set Up A Virtual Visit.](#)



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Download this list of [101 In-Room Activity Programming Ideas](#).

Check out these free resources available online.
Some require downloading an App to a laptop, tablet or computer.

- [Bingo Caller](#)
- [Printable Bingo Cards](#)
- [Printable Trivia](#)
- [Printable Adult Coloring Pages](#)
- [Printable Adult Museum Coloring Pages](#)
- [Printable Crossword Puzzles](#)
- [Printable Word Search Puzzles](#)
- [Printable Sudoku Puzzles](#)
- [Printable Mazes](#)
- [More Adult Coloring Pages](#)
- [More Adult Coloring Pages](#)
- [More Word Games](#)
- [Virtual Museum Tours](#)
- [Virtual Field Trips](#)
- [More Tour Resources](#)
- [Bible Study Guides](#)
- [Fiona The Hippo-Cincinnati Zoo](#)
- [Printable Puzzles](#)
- [Jeopardy Labs](#)
- [Wheel of Fortune](#)
- [Who Wants to Be A Millionaire](#)
- [Deal or No Deal](#)
- [Trivia](#)
- [Coloring Book](#)
- [How Far Will I Go](#)
- [Day-O](#)
- [William Tell Overture](#)
- [Oh Susanna](#)
- [Ocean Waves](#)
- [Waterfall](#)
- [Scenery](#)
- [Oldies But Goodies](#)
- [Hymns](#)
- [Mind's Eye Meditation With Rosanne](#)

[Visit our NCCAP TV Channel and Subscribe](#)

NCCAP seeks to provide resources that can be used to deliver life-enriching activities to persons experiencing quarantine and social isolation due to COVID-19 restrictions. The resources and links shared are from publicly available sources on the Internet or contributed freely by individuals. Anyone using these resources should ensure they comply with any applicable use, legal or privacy requirements.