

**CULTURE CHANGE
in ACTION
WEBINARS**

**Introducing The Artifacts of Culture
Change 2.0 & Assisted Living**

*Karen Schoeneman, Karen Schoeneman Consulting, retired
Technical Director, CMS Division of Nursing Homes*

*Carmen Bowman, Edu-Catering, former Colorado surveyor
and CMS Division of Nursing Homes Policy Analyst*

*Welcome
to today's webinar*



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Pioneer Network

Poll

•Did you ever complete the original Artifacts tool? If so, how many times?



- Never
- 1 – 2 times
- 3 – 5 times
- 6 or more times

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The Original Artifacts

- Early 2000s nursing homes wanted to know what to do
- The philosophy of changing from institution to home
 - Residents well-known
 - Increased resident decision-making
 - Policies and practices reflect culture change
 - Physical environment becomes home
 - Team members trained to unlearn institutional practices
- How do you gauge progress?
- CMS Division of Nursing Homes funded development in 2006

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What happened in the last 15 years?

- Pioneer Network automated it
- A home can compare itself over time
- A home can compare with other homes in same state
- Multi-year project of the Pioneer Network
- Major expansion of the ACC
- Thanks to a CMP grant from the Maryland survey agency
- ACC 2.0 development started 2018, released in early 2021



ACC - 2.0 Development

- Discussions with
 - culture changing homes and organizations
 - users of the original tool
 - researchers
- Advisory group of 25 organizations
- Inclusion of CMS regulatory guidance supporting several practices
- Pilot tests of drafts



Self-Assessment Tool

- No longer are there points for items
- For each item, three choices:
 - ☐ Fully Implemented - present on a routine basis or established as available for all residents
 - ☐ Partially Implemented - present on a less than routine basis or established for less than all residents
 - ☐ Not a Current Practice
- Each category is totaled
- Resulting list of practices to consider implementing

ARTIFACTS OF CULTURE CHANGE 2.0

HOME NAME: _____ DATE: _____

CITY: _____ STATE: _____ CURRENT NUMBER OF RESIDENTS: _____

Item	Fully Implemented	Partially Implemented	Not a Current Practice
1. New residents and their families are welcomed to the home, and residents are introduced to the home's culture change philosophy of ensuring residents' control over their lives, rights, personal property, and choice of residence.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. The home offers at least one of the following styles of dining that provide to residents choice and control over when residents' meals are served, buffet style where residents help themselves to food and beverages and the menu is the same each week, served in formal dining where residents help themselves to food and beverages.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Each meal is available for at least 2 hours, and residents can call and go when they choose. (Note to CMS: Frequency of meals, describe dining times)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Residents are supported to prepare meals when food is not provided and address in addition to cooking practice.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Residents are only available for residents at all times (staffing to go to, to be involved, participate or assist too. Note to CMS: Frequency of meals, describe dining times)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. In addition to meals described in #5, residents can order food from the kitchen to have it prepared and delivered to the room to provide food.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

100%

Introducing Artifacts of Culture Change Assisted Living

- Assisted Living needed its own tool
- Considers differences between assisted living and nursing homes
- Some differences:
 - Removed some nursing home specific practices
 - Removed CMS references
 - Added language such as room/apartment, service/care plan

ARTIFACTS OF CULTURE CHANGE - ASSISTED LIVING (ACC - AL)

HOME NAME _____ DATE _____

CITY _____ ENVIRONMENT _____ CURRENT NUMBER OF RESIDENTS _____

RESIDENT-DIRECTED LIFE
For each item, check the column that represents your community.

	ONLY RESIDENTS DECIDE	RESIDENTS AND STAFF DECIDE	STAFF DECIDE
1. New residents and their families are welcomed by team members/employees. Introductions to the community and residents are made. Community values and philosophy of enhancing resident control over their lives, rights, privacy, mobility, and choice of activities.	Yes	Partially	No current practice
2. The community offers at least one of the following styles of dining that provides for resident choice: Restaurant style where residents choose to leave, buffet style where residents help themselves or the staff members what they want. Family style where food is served to bowls on serving tables where residents help themselves or receive assistance.	Yes	Partially	No current practice
3. Each meal is available for at least 2 hours, and residents left alone and go where they choose.	Yes	Partially	No current practice
4. Residents are supported to prepare and/or serve food per their preferences and abilities in addition to cooking prompts.	Yes	Partially	No current practice
5. Transportation is easily available for residents at all times without having to use, i.e., in a scheduled parking arrangement or walk bus.	Yes	Partially	No current practice
6. In addition to snacks described in PFL, residents can order food from the kitchen 24 hours a day, and team members are empowered to provide food upon resident request.	Yes	Partially	No current practice

The Artifacts Sections

- Resident-directed Life
- Being Well Known
- Home Environment and Accommodation of Needs and Preferences
- Family and Community
- Leadership and Team Member Engagement



Resident-Directed Life - Examples

- New residents/families welcomed
- Regular diets, real foods, dining styles
- Natural awakening, schedule choices
- Resident participation in the home's decisions
- Volunteering
- Pets live in home



Poll

In the community you represent,
dogs and cats...

- Reside in the building
- Visit
- No dogs or cats



Being Well Known - Examples

- Resident life stories, current interests and preferences
- Understand individuals who cannot communicate verbally
- Service/care plan specific to the individual and reflects resident's goals (required by CMS)
- Address Eden Alternative Domains of Well-being™: identity, connectedness, security, meaning, autonomy, growth, and joy (included in CMS guidance)
- Service/care plan addresses mobility/movement, music, outdoors, meaning/purpose, a good night's sleep
- Service/care plan conveyed to team workplan



Poll

How important will it be for you to go
outside?

- Very important
- Somewhat
- Not important at all



Home Environment and Accommodation of Needs and Preferences - Examples

- Aspects of small group living such as households/small houses/ Green Houses/neighborhoods
- Toiletries within reach, extra lighting
- Porch lights instead of institutional call lights
- Normal plateware, outlets within reach
- Silent paging, easy access to the outdoors
- Residents welcomed and assisted to access amenities



Family and Community - Examples

- Community life – clubs, volunteering
- Community events - fairs, parades, concerts, ball games
- Café/restaurant – residents/families obtain food/drinks daily
- Store/shop – residents/visitors obtain gifts/toiletries/snacks
- A kitchen available for residents/families to cook and bake, notified of its availability
- Actively solicits views of family members, treats as care partners



Leadership and Team Member Engagement - Examples

- Leaders commit to culture change, keep themselves educated, and pass on information to teams and residents
- Leaders remove barriers to culture changes
- High level managers/board educated in culture change and commit to making changes
- Culture change in evaluations, policies, hiring, team education
- Non-institutional language



Leadership and Team Member Engagement - Examples

- Cross-training, career ladders
- Consistent staffing without rotation, self-scheduling by team members,
- Volunteer coordinator in addition to the activity director
- Troubleshooter
 - Ensures things get done for their resident
 - Across teams/departments



Leadership and Team Member Engagement - Examples

- Team members gain knowledge via education opportunities
- Performance evaluations include culture change
- Team members know AL's culture change philosophy and how it plays out in their work
- Team member schedules revolve around those who *live* there



Leadership and Team Member Engagement - Examples

- Learning Circles
 - Any group meeting
 - No cross-talk or group discussion until everyone has spoken
 - Honors those who are reluctant to speak up, reins in those who might dominate
 - Hear and *learn* from one another



Leadership and Team Member Engagement – Examples - Community Meetings

- Held intentionally for residents, team members, and any families able
- Gather as a community, build connection
- Discuss issues of mutual interest and concern
- Celebrate life events and birthdays
- New residents and team members introduce themselves
- Remember/mourn, share goodbyes
- Acknowledge progress/return from hospital
- The role one takes on in the community (greeter, jokester)
- Review of policies and procedures in layman's terms
- Plan future events
- Anything the community decides to do



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Uses of ACC

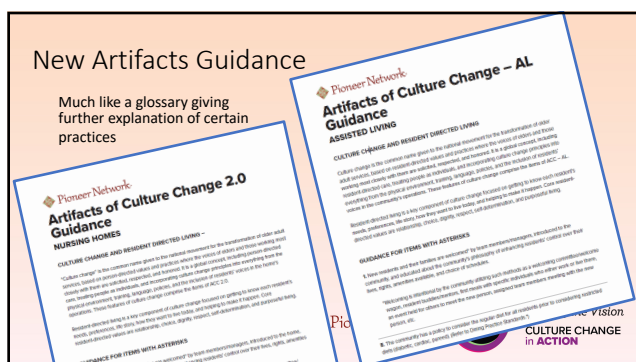
- An internal tool
- Self-assessment tool
 - Beginning of a culture change effort
 - Periodically, e.g., annually
 - Note changes in tallies
- Ferret out differences of opinion of management, team members, residents and families on whether practices are present or not present
- Inspiration tool/educational tool
- Implementation tool
- Researchers could use before and after culture change projects



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New Artifacts Guidance

Much like a glossary giving
further explanation of certain
practices





Artifacts Videos

- Artifacts of Culture Change Original and 2.0 – What's the Difference?
- Introduction to Artifacts of Culture Change 2.0 (Nursing Homes)
- Introduction to Artifacts of Culture Change – Assisted Living
- How to Complete the Artifacts Tools
- Frequently Asked Questions





Contact Information

- Karen Schoeneman
 - 443-801-1040
 - karenschoeneman@aol.com
- Carmen Bowman
 - 303-981-7228
 - carmen@edu-catering.com



Envisioning the Future

Exploring Lessons Learned

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Sessions

**COVID Response and Resident Directed Care:
How Did We Do?**
Dr. Stefan Gravenstein, MD

**Lessons Learned from Isolation: Looking
Beyond Resilience**
Dr. Susan Wehry, MD

**Valuing CNAs: It's More Than Finding a Way to
Get a Hot Pizza to the Night Shift!**
Lori Porter, CEO, NAHCA
Jeff Jerebker, Sage

The Art of Compassionate Leadership
Mary Tellis-Nayak RN, MSN, MPH



Episode 2
Do You Know...
Your Residents?
with Dr. Lynn McNichol, MD

Available now on
Anchor
Spotify
Breaker
Pocket Casts
Google Podcasts
and at
www.pioneernetwork.net/events



Thursday, April 22
2:00 PM – 3:00 PM EST



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